

SHUSWAP BAND NEWSLETTER

PELLTEMLLÍK (July) 2022

Message from Chief & Council

WEYT-KP SHUSWAP MEMBERS!

Happy Summer everyone! Hopefully we start getting some summer weather. It has been nonstop for Council with 3- 4 meetings a day. Lots of good work going on for Shuswap Band.

We are so proud of our five grade 12 graduates! We also have two University grads – Jenna, with her Masters Degree, and Enola, with her Arts & Science Diploma. What a great accomplishment. Congrats to all of our students in every grade for their hard work this school year. We are sure everyone is happy to finally have a well-deserved break. We are hoping to have an Open House to display all the different areas that we are involved in as it would take days to go through them all in a band meeting. This will be a mix of our regular programs, health and all the territorial business we have been involved in. Our Kenpesq't Development will also be part of this event. We'll keep you posted on the date!

It was an honour to open the Regional Soccer Tournament with Elders Laverna and Basil Stevens. The Invermere Goalies wore orange shirts to honour the unmarked graves of the Residential school.

Our team is growing, and we have some amazing staff that are here to move our community forward in a positive way. Now that Covid is not as severe in our area, it is great to see all the cultural events resuming, as well as Bingo!

We are excited that we were able to host Indigenous Day after a two-year absence. Our staff worked very hard to make it a fun day for all. We saw so many community members wearing regalia proud and drumming. We had an awesome turn out of community and guests. We can't wait to keep hosting events like this.

On September 9th we have the SNTC Chiefs coming to our community for our monthly meeting. Also, we will be hosting the District of Invermere in celebrating our Friendship Agreement in the early evening. Then of course the Salmon Festival on September 10th which is a huge event for us. Following that on September 11th SNTC will be helping us with a cultural event. We will keep you posted as information becomes available.

As Chief and Council will be taking a week here or there for holiday time this summer, we continue to work hard for our community. Our amazing staff will be on hand for any of your needs. Stay safe and have fun!

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**THE SHUSWAP
ADMINISTRATION
OFFICE & HEALTH
CENTRE WILL BE
CLOSED
FRIDAY, JULY 15**

*Staff have been given this day off in lieu
of working the Indigenous People's Day
Stat Holiday*

**Shuswap Band's website has
recently been refreshed with
new information!**

**Check it out at
www.shuswapband.net**

LANDS DEPARTMENT

Please note that CP lands are considered private lands and should not be accessed or used for any purpose whatsoever INCLUDING AND ESPECIALLY HUNTING without the permission of the CP holder.

ROAD REPAIRS

We will be fixing some of our Reserve roads and in some cases driveways. If you know of any areas that need attention, please let us know by email at sstump@shuswapband.ca or 250.341.3678 ext. 1014.

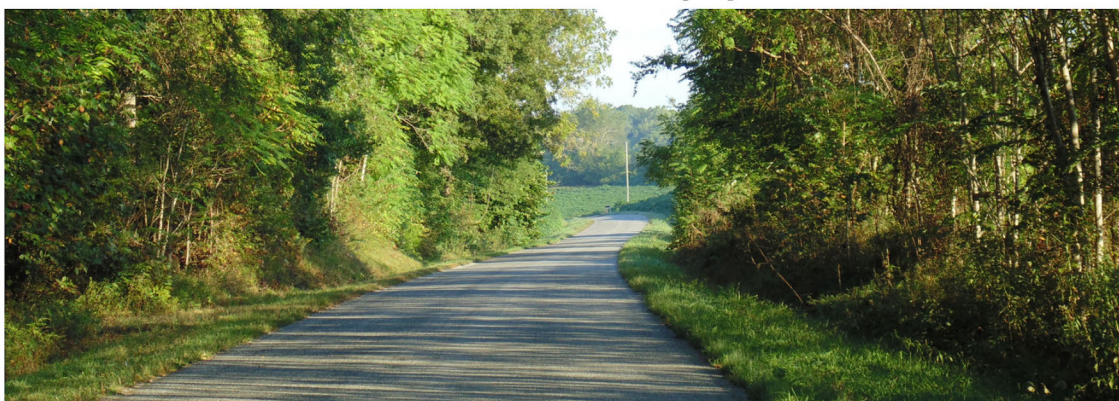
LAW ENGAGEMENT

With all of the new housing being built, Shuswap Band has drafted a Residential Tenancy Law similar to what other municipalities use. This not only protects the landlord but also the renter in cases of eviction and disputes.

A Culture and Heritage Law has also been drafted to regulate and protect culturally significant sites and objects on Reserve. Among other cultural heritage rights, it recognizes the rights of indigenous peoples to protect, maintain, and have access to their cultural sites; use and control of ceremonial objects; maintain, protect, and control their intellectual properties; and repatriate their human remains as well as levy fines etc. The current Heritage Conservation act in BC protects all heritage sites except federal lands ie: Reserves, which means we have no way to protect sites or discipline developers who disturb sites on our land.

The Unsightly Premises Law was drafted after hearing from the community about lands that are in a constant state of disrepair and are displeasing to the eye. This law will protect the peace, quiet, restful enjoyment, comfort and convenience of Shuswap Band Members and other persons on Shuswap Band lands.

These laws HAVE NOT yet been passed. Shuswap Band will be holding community engagement sessions soon, to hear your comments concerns and answer any questions.





Grade 2 and 3 students visit Shuswap Band!

On Thursday, June 2nd Grade 2 and 3 students from Ms. Whittick's Windermere Elementary School class visited the Shuswap Band Office and Health Centre. The class was welcomed by Chief Cote as well as Suzie Thomas, Youth & Community Coordinator, and Chenoa Paccagnan, Education Coordinator.

The class had previously met and learned from three local wildlife biologists that specialize in the topics of fish, water, and habitat research. They had also been learning about the Indigenous perspective of how the water is a teacher from District Vice-Principal, Jenna Jasek. After having learned about salmon, their life cycles, habitats, and importance to our local Indigenous peoples, the students were moved to write letters to the Shuswap Band asking how they can help to "bring the salmon back."

On this day, students shared a few of their letters and presented a gift to the Shuswap Band. The gift, pictured here, was a 4-panel salmon mural co-created by the class and Columbia Valley Arts Council.

Submitted by: Chenoa Paccagnan, MBA, Education and Employment Coordinator, Shuswap Band



Shuswap Band Members Wanted:

to sit on the

SHUSWAP HOUSING COMMITTEE

Get involved with the decisions that effect
your community and your home.

Shuswap Band Contact:

Dolores Nicholas
Housing Manager

RR #2-3A-492 Arrow Rd.
Invermere, BC V0A 1K2

Tel: (250) 341-3678 ext #1011

Fax: (250) 341-3683

Email: dnicholas@shuswapband.ca



YOUTH SALMON WARRIOR CAMP AUGUST 19-22, 2022

The purpose of the Summer Youth Gathering is to bring youth from the Sewepemc, Ktuanaxa and Syilx nations together for an annual outdoors camp focused on bringing the salmon home through the healing vibrations, songs, outdoor activities.

Sharing and learning from each other and for each participant to become a **Salmon Warrior!**

Looking for Youth ages 18-29

Two or three participants from each Band

Staying at Raven's Nest Resort & Campground near Fairmont, BC

\$500 Honorarium for participants

If interested please contact: Valarie Michel, Columbia River Treaty Project Manager 778.471.8200 ext 207 or crt@shuswapnation.org



BETH CASTELLANO

SOCIAL WORKER

My name is Beth Castellano and I am the new Social Worker with the Shuswap Band. I was born on Treaty 3 land in the territories of Mississaugas of the Credit First Nation, Attiwonderonk, Anishinabewaki, and Haudenosaunee.

I spent the last 5 years working for Community Social Development in the Town of Canmore, Treaty 7 land in the territories of Michfil Piyii, Tsuu T'ina, Stoney, and Blackfoot. I really enjoy spending my time outdoors and taking quality time with my friends and family. I am very happy to be a part of the team, please come visit me in the Health Centre and say hi!



Email: sw@shuswapband.ca



KELSEY OLSON

Child & Family Policy Developer

Kelsey Olson joins Shuswap Band as the new Child & Family Policy Developer!

"I have been working in the Human Services in a variety of positions since 2015, and am looking forward to expanding my knowledge and learning from this dynamic team and vibrant community.

I enjoy photography, team sports, baking and gardening (although I am just learning I find it so rewarding). I love getting out and exploring new things with our two kids and three dogs (I do enjoy a little chaos in my life!).

I am thankful for this opportunity to grow professionally and individually. "



Gerard Gregoire

Wellness Coordinator

Weytk. I am a member of the Okanagan Indian Band. My name is Gerard Gregoire, my Syilx (Okanagan) name is Sadlema and my Dakota name is Wanbdi Najin (Standing Eagle).

I will be in service to the Shuswap Band as Wellness Coordinator until December 31, 2022.

The primary objective of my position is to provide holistic support to residential school survivors and those intergenerationally impacted by residential school.

If you think you need someone to talk to or to listen to your story in confidence, please feel free to call me at the Health building at 778-526-8324, or on my cell at 250-409-4616.

Other aspects of my job include patient transport, home visits, Elder's meal delivery, monthly trips to Cranbrook with the elders and hopefully some activities in the outback.

I look forward to living, working, learning and having fun with the Shuswap Band community!



GOOD FOOD BOX

Available for Pick Up:

11:00 am - 2:00 pm

Thursday, July 7

&

Thursday, July 21

Pick up basement of the Health Centre



HOW TO KEEP EVERYONE UPDATED AND SAFE DURING AN EMERGENCY SITUATION

Voyent Alert is a means to keep the SIB family aware of local events and disruptions that can help reduce day-to-day stress.

It can notify you about issues that impact where you live, such as:

- An accident that is causing severe traffic backups along a route.
- A critical and potentially life-threatening incident occurs, such as when a fire breaks out close to your home.
- A major disaster occurs that requires evacuation of your current location.

Registration is completely free, easy to do and is completely anonymous. You won't need to worry about usernames, passwords or the protection of your personal data.

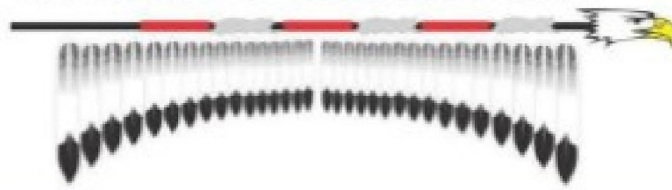
Voyent Alert is a method used to give you the ability to choose how you want to receive time sensitive information through your Home Phone, Cell Phone, Text Message, Email or you can register for all or just one of them.

It is easy to Register by using the link - <https://voyent-alert.com/ca/>

If you don't have a cell phone or internet you can sign up through a friend or family member, or with the assistance of the Health Department, the Lands Department, or the Referrals Department.



SECWPEMCÚLECW



National Indigenous Veterans Day Save the Date

November 8, 2022

TIME TBA

Host: NIB & ALIB

Location: TBA

Everyone Welcome!

**-Please send Name, Band,
Service, Rank, Metals and
Unit information**

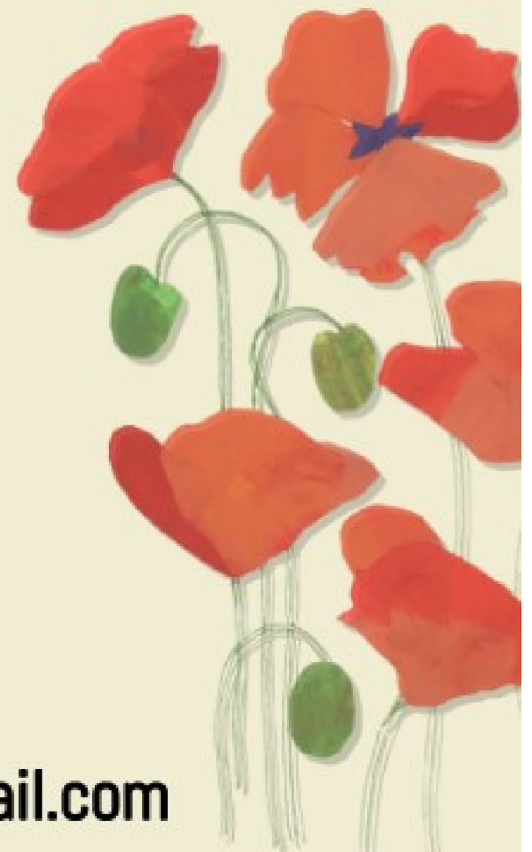
**-If you have any photo's
please submit them as
well**

**-If you would like to assist
in the event send me your
information for future
meetings**

Submit to:

Georgia Jules

GeorgiaJSecwepemc@gmail.com



HEALTH DEPARTMENT UPDATE



For all your health care needs
please call **(250)- 341- 7786**



MENTAL HEALTH COUNSELLING & OUTREACH

The Shuswap Health Center is providing counselling services to all Membership. These sessions can happen confidentially at the Health Center.

HEALTH CLINIC

Call 250-341-7786 to book an appointment with the doctor. The doctor will be here July 19 & 26. 9am-12pm

MASSAGES

Massages with Lynn at Rising Sun Massage will continue to be offered for all Band members every Wednesday. If you would like a massage, please call Lynn directly to arrange your appointment time - 250-341-5668.

FOOT CARE

Foot care will be available this month, all day of the July 26 & 27, if you're interested in getting an appointment: 250-341-7786

NALOXONE KITS & HARM REDUCTION SUPPLIES

Naloxone kits including nasal kits can be picked up for free at your local pharmacy or at Shuswap's health department. We also have harm reduction supplies for anyone in need. Staff will support you with your needs in a confidential and safe manner.

- Naloxone kits (nasal and needle) training available upon request.
- Fentanyl testing strips (training available upon request)
- Harm reduction supplies (sterile needles, sharps bins, sterile cookers with filters, safer sex supplies, straight and bubble pipes, etc.)





Tim, Enola, Josh, and Olivia went out with Grant Howse last month, to see some cultural depressions in the Canal Flats area.

Grant showed them a few possible kekuli sites, which were recorded for reference for any future development projects in those areas, and to grow their knowledge of traditional use in the area.

In the picture above- Olivia, Enola and Tim are standing on the top edge of a depression, and Grant is standing inside of it.

Picture and description submitted by:

Olivia De Brabandere
Culture and Heritage Coordinator
Territorial Stewardship Department

THE SHUSWAP BAND IS HOSTING
MENS GOLF DAY

MENS GOLF DAY

YOU DONT GET WHAT YOU WISH FOR,
YOU GET WHAT YOU WORK FOR!

DATE:JULY 12TH 2022

TIME:1:00 PM

WHERE:COYS PAR THREE

IN FAIRMONT BRITISH

COLUMBIA

PLEASE CALL TO RSVP NO

LATER THAN JULY 7TH

778-526-8323

EMPLOYMENT OPPORTUNITIES



The Shuswap Band and Kenpesq't Holdings Limited has six incredible career opportunities available.

- General Manager
- Director, Board position
- Administrative Assistant
- Manger, Territorial Operations
- Accounts Receivable Clerk
- Community Health Nurse (Maternity Leave)

If you are interested in joining our growing community and amazing team, check out these positions by visiting <http://www.shuswapband.net/employment-opportunities/>

We offer a wide variety of perks including:

- Generous vacation including 2 weeks paid holiday over Christmas
 - Employer matched pension plan
- Extensive health and benefits package
 - Bi-weekly healthy food box
 - Dynamic work environment

How to Apply

If interested and you meet role qualifications, please email your resume to: nmorgan@shuswapband.ca





NATIVE COURT WORKER

AND COUNCILLINGS ASSOCIATION OF BRITISH COLUMBIA

**Have you been charged with a Criminal Offence?
Denied Legal Aid?
I CAN HELP!!**

**My name is Robert Firth and I am with the Native
Courtworker for Cranbrook, Creston, Fernie, Invermere,
Sparwood and Golden.**

I do not give Legal Advice, but I can explain and assist you through the Criminal Court Process.

Help you explore the different options that may be available to you.

Help fill out legal paperwork such as Applications for Legal Aid, Vary Bail/ Probation
Conditions or Waivers etc.

Please contact me at 250.420.7137 or rfirth@nccabc.com

There is no charge for my services.

Funnies



- My mom told me that if I don't get off the computer and finish my homework that she will slam my head on the keyboard, but I think she is djk;fasdkl;asdjkfo;difgjfdgjofjgogfjifogfjg
- Just remember no matter how good the bathroom soap smells- do not come out sniffing your fingers!
- We keep a potato masher in a drawer because sometimes it's fun to not be able to open that drawer.
- Last night I went to a bar and the most crazy thing happened. Some girl got her nose pierced right in front of me! On an unrelated subject: I suck at darts.
- Once I became a parent, I finally understood the scene where Yoda gets so tired of answering Luke's questions- he just dies.



3A – 492 Arrow Road
Invermere, BC V0A 1K2
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F: 250-341-3683
www.shuswapband.net