September 2019

SHUSWAP INDIAN BAND NEWSLETTER

Kicking Horse Canyon (Golden BC) Kenpesq't work crew showing council the works being done

LABOUR DAY

SEPTEMBER 2

ADMIN AND TERRITORIAL OFFICES WILL BE *CLOSED* FOR STAT HOLIDAY

SALMON FESTIVAL

SEPTEMBER 14

Shuswap Indian Band will be hosting the 9th Annual Columbia Salmon Festival.

Please see poster! 3pm start

Hope to see everyone there!

SIB MEETING

SEPTEMBER 26

Band membership meeting in the hall basement

5pm START

SECWEPEMC (PRACTICE PRACTICE PRACTICE)

Le7 te secwen'wen = good morning (sounds like la-teh-say-wenwen)

Me7e = yes (sounds like meh'ah)

Kukstemc = thank you (sounds like cooks-jam)

Keep practicing learning our Secwepemc language!

International Mother Language Day is a worldwide annual observance held on 21 February to promote awareness of linguistic and cultural diversity and promote multilingualism

Date: Friday, February 21, 2020

Link for APP

https://www.firstvoices.com/

Weytk Community Members,

Chief and Council have had a busy summer. One bit of good news is that each community will be receiving monies from BCLC very soon. This will enable us to use the funds for any community endeavors such as our new waterline that will extend down to the North end of the reserve.

We got to tour the Kicking Horse highway widening project and to see our members working on the land looking for any archeological finds. This is a major project for us to be taking the lead on and have many jobs available for our community.

Secwepemc Summer Gathering took place in Jasper, Alberta this year. Several community members attended this annual event. Approximately 500 participants attended. SIB members attended a Columbia River Treaty booth at the event that was a popular stop for Nation members looking to win one of 3 fishing rods and 50$ gas cards.

Columbia River Treaty continues to be a focus of work for the Band. The next negotiation session is to be in Cranbrook on September 9th and 10th at St Eugene's Mission. SIB will deliver opening remarks as well as a cultural demonstration.

Salmon Restoration Letter of Agreement was signed recently in Castlegar and sparks the beginning of an agreement to look at the feasibility of salmon restoration in the upper-Columbia River. The letter was signed by Canada, BC, Ktunaxa Nation, Okanagan Nation Alliance and the Secwepemc Nation. The signing opened up a funding capacity of 2.5 million dollars to begin studies. SIB sits on the "Implementation Team" to develop work plan and budget.

We met with all the chiefs of the nation on the First Nations Health Authority and would like to form its own nonprofit society rather than going through SNTC. Monies will be distributed right to the bands.

We wish all our students that are going back to school, college and University a very successful year ahead.

Angie Sarsons
Shuswap Indian Band welcomes NEW Director of Operations

We are happy to introduce Angie Sarsons as our new Director of Operations for the Shuswap Indian Band. Angie, her husband Todd and their puppy Kirby relocated from Vancouver Island (Campbell River). Angie began work on September 3, 2019.

Angie is a member of Moose Cree First Nation. Her purpose is reflected in her Indigenous name "Wind that Helps Eagles Fly". Angie obtained her master's in Leadership and Training from Royal Roads University and is known for her expertise in leadership, facilitation and capacity development.

As a Crown-ward from the ages of 5-16 (having lived in over 10 different foster homes), Angie has experienced trauma and hardship and through it all, developed resiliency that has allowed her to transcend the odds stacked against her. She is a mental health advocate and a national speaker on Indigenous issues, focusing on lateral kindness.

She expresses a genuine passion for Indigenous cultures and world views and firmly believes that Indigenous wisdom such as the Medicine Wheel and the Seven Sacred Grandfather Teachings can heal the world. She is deeply honoured to be here serve in her capacity as Director of Operations.

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EDUCATION & EMPLOYEMENT DEPARTMENT

BACK TO SCHOOL! YIPPEE Tips to ease back-to-school anxiety:

Back-to-school anxiety is normal and understandable. Many kids may feel anxious about going back to school after a long summer break. Others may feel nervous about starting school for the first time. Whichever the case may be, parents can help ease the transition to back-to-school with these simple strategies.

1. Organize your home for back-to-school. A great way to ease some of your child's anxiety about going back to school is by getting your home ready for the transition. Strategies such as making school lunches the night before or establishing a comfortable homework area can help make kids feel more in control and relieve some of their anxious feelings.

2. Help your child feel more comfortable about their new school environment. Take them for a visit to the school. If your child is starting kindergarten or first grade, they may be uneasy about going into a new building. Older grade-schoolers may be nervous about being in a new classroom or meeting a new teacher. To alleviate some of these concerns, ask your school about arranging a visit to school and meeting the teacher before school begins.

3. Highlight the things that make school great. There are lots of attractive factors that can make school very appealing for kids. For starters, there's the swag—fun new school supplies and clothes. There will also be friends they haven't seen and things they may have missed about school—or can look forward to if she's starting school -- such as the playground or making arts and crafts projects.

4. Remind them that they're not the only one who may be nervous. Let your child know that the other students are likely to be just as anxious as they are about the first day of school. Reassure them by explaining that the teacher knows that the children are nervous, and will probably spend some time helping the students feel more comfortable as they settle into the classroom.

5. Make sure they get enough sleep and eat a balanced diet. Getting adequate sleep and eating a healthy diet, especially a protein-carbohydrate balanced breakfast, is important for brain function, mood, and the ability to focus and pay attention in school.

And remember to try to get yourself relaxed as much as possible. Back-to-school time can also be a hectic time for parents, so taking care of yourself by eating right and getting enough sleep and exercise is a good idea during this transitional phase back to school.

Try to remind yourself that any anxiety or stress you or your child may be feeling is only temporary. Before you know it, your family will be back in the back-to-school groove, and you'll be sailing smoothly into the fall semester.

Post-Secondary Students:

+ Fall Semester living allowance will be deposited on August 30th for September's allowance.

+ Please ensure you send me your full-time student status confirmation, after your school add/drop date.

+ Most Bursary and Grant deadlines are fast approaching, all enrolled students MUST have applied for at least one for the school year, but are encouraged to apply for multiple.

+ A total of 13 students are attending Post-Secondary courses for the FALL 2019. CONGRATULATIONS!

+ Thinking of going back to school? Winter Semester is only 4 months away, come chat with me about your education options!

+ Want to get your high school diploma OR upgrade a course? Get it online for free @ www.tru.ca/programs/abe

Elementary Students:

+ Students starting KINDERGARTEN in September will be receiving an iPad, please contact me ASAP for the iPad application form.

+ Students attending Grades K-7 receive school supplies from their school.

+ School fees are paid for by the Band. An invoice is sent directly from your child's school to the Education Coordinator. School fees include, hot lunches, field trips, book fairs, ski programs and more.

+ Additionally, each student will receive a gift card to purchase a new back-to-school outfit and fresh new hair cut!

High School Students:

+ Parents must purchase their child's school supplies. Parents can be refunded for purchasing their child's school supplies. They are entitled to be reimbursed a maximum of $75 per student/ per year. Submit your receipts to the Education Coordinator.

+ All other school fees are paid for by the Band. An invoice is sent directly from your child's school to the Education Coordinator. School fees include, gold cards, field trips, art supplies, after school activities and more.

+ Additionally, each student will receive a gift card to purchase a new back-to-school outfit and fresh new hair cut!

Winter Boots Program!

Shuswap Indian Band will be hosting the winter boots program again this year! Please fill out the online form by emailing me or clicking on the Facebook link.

JOBS JOBS JOBS:

Looking for a career in the trades? Apply online www.BCIB.ca/jobs or contact the Employment coordinator for more information.

Due to a high volume of requests that are not in alignment with SIB Policy, Procedure and Guidelines, I would like to remind Band Members that there are policies and procedures to be followed that protects the band and band members. By adhering to them we ensure fair and equitable treatment for all. I cannot and will not bend the rules as it jeopardizes my integrity and the band members I serve. If you feel this is unfair you may appeal through the process by contacting the Director of Operations.

- *Kalyn Adams, Education & Employment Coordinator* education@shuswapband.net

.Picture of CRT Table

Elder: Truth Dan, Kamloops, B.C

Adult: Tannea Bearhead

Tletinqox Band

Youth: Cayden Jules

Jasper Alberta Secwepemc Summer Gathering

Friday, August 16th, 2019

Set up Columbia River Treaty Table from 2:00 pm to 5:30 pm

Had a few interested in the CRT

Pictures of Land and Water that showed the huge loss for Secwepemc People

Saturday, August 17th, 2019

Set up at 10:00 am until 8:30 P.M.

Several Indigenous stopped by to ask questions.

Had picture displays out of the Dams, Pictures of Athalmer B.C. (also known as Salmon Beds, Salmon Flats, Windermere)

Put out presentation done on paper

Updates on the CRT

Questionnaire was attended well from all age groups

Cups were handed out with a question regarding the CRT

Presentation was done at 12:15 p.m.

- Government update on the CRT was presented by Mark Thomas
- Columbia River Treaty: Impacts on Cultural and Heritage of the Secwepemc People presented by Christine Warbrick , SNTC Researcher

E mails were taken for those who would like a copy of the CRT impacts

The draw for the CRT Questionnaire was picked at 7:30 p.m.

Sunday August 18 2019 travel home

Number of Participants:

Elders: 7

Adults: 36

Youth: 11

Total: **54** Participants

Diana Thomas,
Indian Registry Administrator
Shuswap Indian Band

The Indian Registry Administration Office maintains registered individual's records, issues Cis cards and submits births, deaths, marriage/divorces in accordance with the Indigenous Service Canada Registration and Band List Program. We request that you contact the office with supporting documentation to ensure that addresses, deaths, name changes, births and marriages are properly recorded. Ensuring this information is updated is important for keeping proper statistical information and ensuring important documents reach membership.

We can assist with the applications for the SCIS Cards and Bill S3 Applications. For these applications you will need 2 passport photos.

NEW SCIS PHOTO APP

A new app called SCIS Photo App allows registered applicants to take their own status card photo using their smartphone. The SCIS App is free and downloadable from the App Store or Google Play Store.

The app was designed to help SCIS applicants submit their photo for the SCIS Card, with an accompanying guarantor's signature and without the physical and financial burden of going to a photography studio.

- You need to have your guarantor with you to confirm your identity.
- The applicant will be asked to fill in information and to sign documents using their touch screen;
- Follow the instructions to take the 'selfie' photo then have your guarantor sign, using your touch screen;
- The information will be then sent electronically to Indigenous Services Canada;
- Applicants will still be required to fill out the six- page SCIS Application form and mail it into Indigenous Services Canada.
- The process takes about 16 weeks for complete applications.

Removal of the 1951 Cut-Off from Indian Act Registration

On August 15, 2019, the Government of Canada removed the 1951 cut-off from the *Indian Act* registration provisions. This was the last remaining provision of Bill S-3 to come into force. As a result, all known sex-based inequities in the *Indian Act* have been eliminated. You can see the announcement here:

https://www.canada.ca/en/crown-indigenous-relations-northern-affairs/news/2019/08/removal-of-all-sex-based-inequities-in-the-indian-act.html
The removal of the 1951 cut-off ensures that all descendants born prior to April 17, 1985 (or of a marriage before that date) of women who lost status or were removed from band lists because of their marriage to a non-Indian man going back to 1869 will be entitled to registration. In addition to removing the 1951 cut-off from Indian registration, the legislation now in force will result in anyone previously entitled under the 6(1)(c) paragraphs of the *Indian Act* now being entitled under the new 6(1)(a) paragraphs.

Bringing Bill S-3 fully into force to ensure women receive the same rights as men is also in line with the National Inquiry into Missing and Murdered Indigenous Women and Girls' Calls to Justice.

Through the Collaborative Process on Indian Registration, Band Membership and First Nation Citizenship, First Nations expressed support for Indigenous women's right to Indian status through the removal of the 1951 cut-off. To review the report that was tabled in Parliament on what was heard during the consultation discussions on the Collaborative Process including the Minister's Special Representative, Claudette Dumont-Smith's full report and recommendations, please visit https://www.aadnc-aandc.gc.ca/eng/1560878580290/1560878705449.

In addition to bringing all remaining provisions of Bill S-3 into force, the Government of Canada is moving forward with implementing these recommendations and will continue to work with First Nation communities on the implementation of these measures. We will ensure that information on the new provisions is made available and engage with First Nations to monitor the impacts of these legislative changes over time, assess mobility trends of newly registered individuals, and we will factor this information into future funding decisions.

If you believe you are entitled to registration, please visit canada.ca/indian-status for more information.

The Collaborative Process Team
New Service Offerings Directorate
Crown-Indigenous Relations and Northern Affairs Canada

Lands Department

Keep an eye out for our new and improved website…It's coming soon!

Community Resiliency Investment Program 2019

Please let us know if you are interested and your home has not yet been assessed. We will provide, at no cost, the recommended actions to be taken around the home to become more firesmart.

ALL BAND OWNED HOMES WILL BE ASSESSED AND THE SUGGESTED ACTION ITEMS COMPLETED.

Shuswap Band and Wildlands Eco Forestry have been approved for a project under the UBCM/FNESS portfolio. This project proposes to continue with On Reserve FireSmart Assessments and mitigation with the objective of assessing all relevant Band resources within the Reserve. This will be achieved through additional Shuswap Band member HIZ training and additional courses including First Aid, Basic Chainsaw and other relevant training planned where feasible.

FireSmart mitigation is proposed by conducting the following phases over the 2019 calendar year:
1. HIZ & Relevant Training: Recruit Band members for training and schedule a training session day(s) with certified training representative. This will be coordinated with our FNESS fuels specialist.
2. HIZ FireSmart assessments: Prioritize and assess On Reserve resources. Building upon the initial assessments conducted in the fall of 2018, the objective is to expand on the program, identifying and conducting assessments for the remaining un-assessed resources.
3. Schedule and conduct FireSmart HIZ activities based on the results of the HIZ assessments.
4. Reassessment of former fuel management treatment units, prescription development, and forest fuel management activities.

SECT. 35 Highway Widening – MoTI

The negotiations between Ministry of Transportation and Shuswap have been moving along great. MoTI agreed to classify the lands being taken as Commercial rather than Residential. This was a huge win for us and membership.

We have begun the transfer process to sign the lands over. The first set of replacement lands have been chosen (adjacent to the Reserve) and are undergoing Environmental and Archaeology assessments, now. **Please see map on following page.**

We are currently looking at few other properties and will post more information, when appraisals have been completed.

If you have any questions about the process or properties, please contact landclerk@shuswapband.net or 250.341.3678 ext. 1014.

CP Rail

CP and local Police will be patrolling the area over the summer months as there is a lot of non-member use happening.

We strongly urge you to stay off the bridge while fishing. This is an offence that can carry a fine from CP Rail.

CP Rail and The Shuswap Indian Band are discussing ways to limit non-member use but still leave it accessible for membership and their families. We will be reaching out to membership with some ideas soon.

If you have any ideas you would like to share, please contact landclerk@shuswapband.net or 250.341.3678 ext. 1014.

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Me7 e weytk Mike ren skwest

Its been quiet a summer season so far and I sure enjoy the beautiful Timicw here in Columbia Valley and meeting/visiting around the community. I enjoyed and participated with the Youth Summer Camp hikes to the Hoo Doo's and Jumbo-amazing work being done with the youth.

In the last while I kept busy with preparing the sweat lodge during evenings after the weather cooled off enough to do the work. I took down the old sweat lodge and cleaned the area. I scouted around and located willow for the construction of the new sweat-I am always grateful for the teachings I received from knowledge keepers to able to do this work for the people. At this point the sweat lodge is pretty much ready to go. I will post in the community site when I do lite the sweat-everyone is welcome.

Secwepemc Language during the evenings have been very interesting-we have people come in and share and ask questions about language and identify area's they are finding challenging about learning Secwepm'cstin. Everyone has different learning styles to which our language is oral where we learn by listening and doing-we also write which helps. I was once asked, "do you speak your language"my response was and always will be, "yes, fluently but I also have to keep working on it" I was raised by my mother and grandmother whom spoke the language at home.

During the summer I had the opportunity to spend time with the Youth Summer Camp students-talk about quick learners. I found it amazing how eager they are to learn and to share in Secwpem'cstin on who they are and where they come from and to speak it so clearly-way to go. We also had time to do some drumming and singing which again was very interesting, it was awesome watching the focus on working as one on drumming.

The trip to Jumbo was very nice and the Summer Youth Camp student hiked the trail and others stayed at base camp to do cultural activities and share stories. We had a good lunch and being out on the Timicw (land) is always great-the sound of the setetkwe (river) and being next to the sqeltus (mountain) is calming and healing. We harvested a bit of melenllp (balsam) for making tea. Toward the end of the day we had a sharing circle on

our day and offered song and prayer to sacred area and to our ancestors for being with us. A big thanks for the invite from Youth Summer Camp students and staff and as well the parents that came out-way to go!!

The hike out to Hoo Doo's with Summer Camp students was enjoyable and we were greeted with warm weather and clear skies. The students went on up ahead and we (Trish and Autumn and I)met them a short way from the top. The view of the Rocky Mountains and the Columbia River is magnificent-I sat and gazed at the power of mother earth and all that she is. Our presence on the Timicw (land)are identified in oral stories and histories which is passed on from generation to generation. The legend on the Hoo Doo's was read to the Summer Camp students by Paul Eugene as we rested underneath the tree's in the cool menmen(shade.) This will be forever etched in the memories of the students.

Our language we hold in our hearts which connects us to the land-it's song and ceremony, it's respects it's our responsibility to teach our children-there is respect and humbleness in the language as we are very respectful peoples. If I learn one word each day-that's 365 words think about that.

The Gathering at Jasper BC all weekend long was feasting, games and song, and basically gathering to share and learn and be out on the land-that's where we learn and that's where we're most comfortable in Secwepemu'l'ecw (our homelands.) I have to say I enjoyed my trip through the Ice Fields to get to Jasper-there again I could feel the power of the land and the presence of our ancestors-the beautiful emerald green lakes and rivers. I saw a bear cub all alone foraging along side the road. The camp was full with campers and tents and vehicles-lots of area's for cultural activities and workshops as they call it-but it's teachings and passing of knowledge. The days went by very fast and got to visit with family and friends and listen to creation stories as well Kennthan Thomas and his oral histories story on Coyote. I enjoy playing stick games and put our team in from Kenpesq't and we got third place out of fifteen Secwepemc Fires-that's pretty darn good.

Next year they announced that the Secwepemc Gathering will take place in Banff BC so we have a lot of work to do to prepare-Kenpesq't is pretty much host nation as it is within Kenpesq't Traditional Territory. We have songs to learn and gifts to be made and ceremonies to have to prepare for the Secwepemc Gathering. It's the opportunity to show case Kenpesq't.

Just on a personal note I and my family are looking for a place to rent-preferably a house with 3 bedroom-we appreciate the community allowing us to be where we are until we find a place which will be very soon I hope.

In closing, we have plans for some very important celebrations and ceremony to acknowledge our knowledge keepers as well as look at planning future activities out on the land. I look forward to many celebrations.

Kukstemc, Me7e wiksten

Mike

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SOCIAL DEVELOPMENT

Social Assistance Cheque Issue Dates For 2019

SEPT 25

OCT.23

NOV. 20

DEC. 18

Cheques can be picked up between 9:00 am- 4:00 pm

Clients receiving payments for utilities must bring in their invoice or payments will not be issued.

Watch for poster out soon regarding Strengthening Community Night.

HOUSING

Chimney Cleaning will take place Sept 24,25,26. Steve Tristram will call the morning prior to cleaning. Please ensure your fire is out the night before.

If you are interested in renting a home get your name on the Housing List.

Health Department

Rising Sun Massage with Lyn, every Wednesday, please book with Health department

Dr Mannheimer Sept 10 & 24, please note any changes to these dates members with appointments will be notified via Facebook and/or called.

Community Forum starting October every 2nd Wednesday, dates TBD

Counselling services with Lori Stolson every Wednesday. Please book appointment with Health department

Food Box Sept 5 and 19

Elders Freezer Meal Cooking September 4 and 25th

Balanced Sole Footcare September 26, please book appt with health department

Fall celebration of Beauty coming soon!!! Date TBD

Summer school has come to an end! Pictured here are Cecilia, Emma, Devon, Brandon, Nyla, Trinda, (back row left to right)
Kenzie, Kayleigh, Leelynd, Keira (front row left to right)

Inja Nation and Calaway Park were their final summer school event.

Fun was had by all! Thank you to teacher Suzie

PAID JOB PREP & PERSONALIZED JOB PLACEMENT

FOR YOUTH 18-24!

Hey peeps! Are you between the ages of 18 and 24 and looking for work? Maybe you don't have a job at all, or maybe you have one but it's not exactly your life aspiration? Ya, we feel ya.

Kootenay Employment Services is new to town and we are seriously awesome at helping people find employment.

For starters, we are offering a program called Aspire. Youth participants will be paid while attending four-weeks in the classroom. You'll learn all sorts of cool stuff including how to find and maintain a job! After that, you will then have access to personalized job placement supports. We aren't quite sure why you *wouldn't* sign up?

Don't just aspire to find a job, aspire to become who you want to be in the future! **Program starts on September 23, 2019** in Cranbrook, Fernie and Invermere.

To find out more visit:

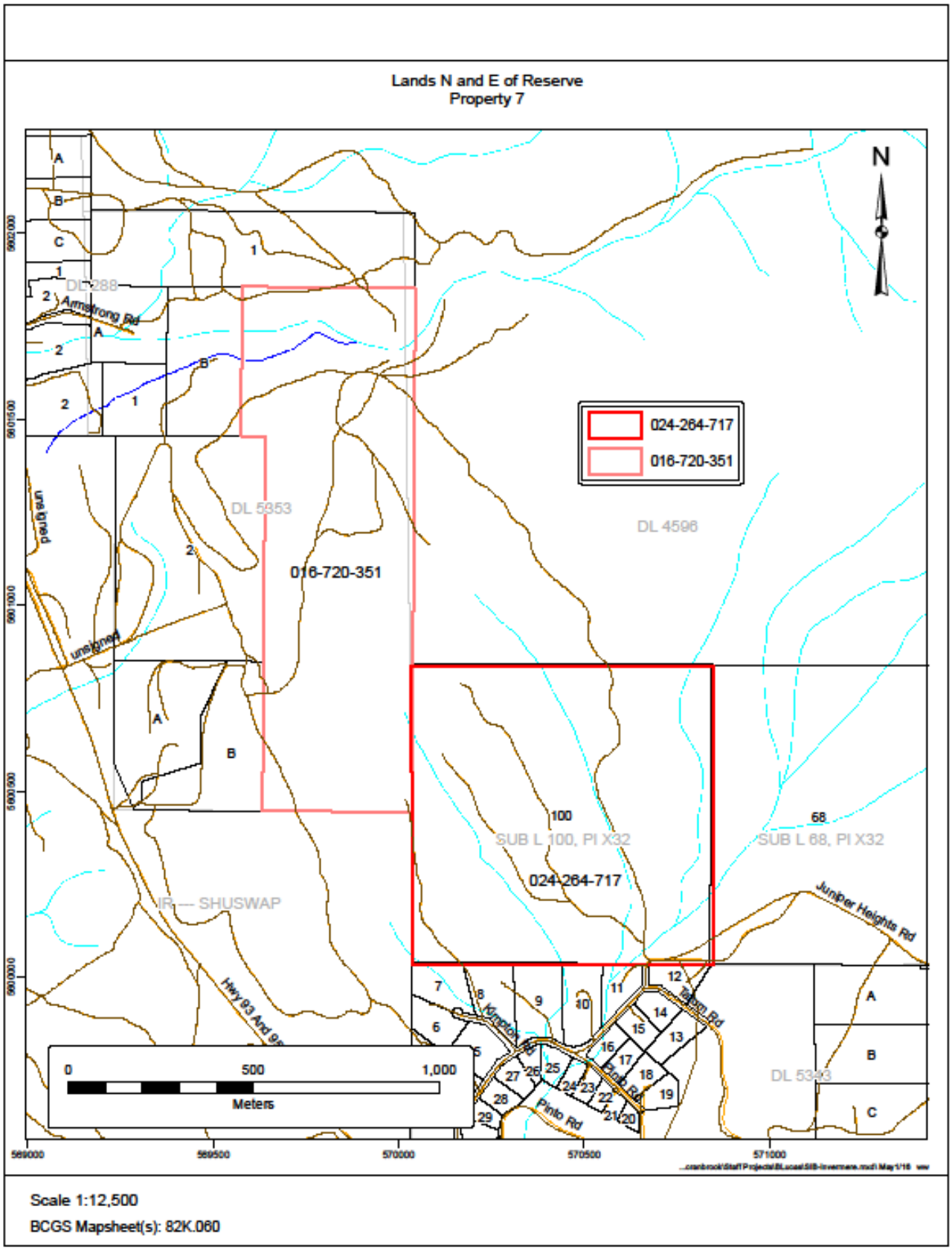
www.kes.bc.ca

KOOTENAY EMPLOYMENT SERVICES

Canada

BRITISH COLUMBIA

Funding provided by the Government of Canada through the Canada-British Columbia Workforce Development Agreement.


Lands N and E of Reserve
Property 7
N
024-264-717
016-720-351
DL 5953
DL 4596
DL 288
Armstrong Rd
unsigned
SUB L 100, PI X32
SUB L 68, PI X32
IR — SHUSWAP
Hwy 93 And 95
Juniper Heights Rd
Tappen Rd
Kingston Rd
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BCGS Mapsheet(s): 82K.060

SHUSWAP INDIAN BAND

September 2019

3 - 492 Arrow Road Invermere BC V0A 1K2

250.341.3678

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1	2 Labour Day Offices CLOSED	3	4 Massage Elders Freezer Meals Counselling	5 Food Box 12-3	6	7
8	9	10 Dr Mannheimer 12-2	11 Massage Counselling	12	13	14 Salmon Festival 3pm HBD Gage Martin
15	16	17	18 Massage Counselling	19 Food Box 12-3	20	21
22	23 HBD Katherine Stevens	24 Dr Mannheimer 12-2 Chimney Cleaning	25 Massage SA Chq issue Chimney Cleaning Elders Freezer Meals Counselling	26 Band Meeting 5pm start Foot Care Chimney Cleaning	27	28
29	30					

- **Massage appointments, Counselling appointments, and Foot Care and Dr Mannheimer are booked through the Health Department, please contact Shauna Cameron**
- **Chimney Cleaning appointments can be made through Housing, please contact Dolores Nicholas**

Job Opportunity

All, I'm in search of a "qualified" rock truck driver. Here are the specifics I have on the job:

- Project will be based out of Revelstoke.
- Approximate start date is mid September and will run for approximately three months.
- Approximate wage is $30 an hour.
- Shift is 6 days on and one off.
- Hours of work are Monday – Friday 11 hour days, Saturday 8 hour days, Sunday off.

Please keep in mind that I am not an employment counsellor. If you know of someone that is qualified, **understands all of the above** and would like to make a commitment to this position, please have them send their resumes to me at this email address.

Respectfully,
Leonard Jackson

BCT Projects
213 – 345 Chief Alex Thomas Way,
Kamloops BC V2H 1H1
250 571 4339

If you have some news to add to the monthly newsletters, please send in to reception@shuswapband.net

9th Annual Columbia Salmon Festival

4878 Kinbasket Trail Invermere, BC

September 14, 2019

Public Welcome

WE WELCOME ALL HAND DRUMMERS-Meet at James Chabot Beach (3:30PM)

BRING YOUR OWN TUPPERWARE. GET AN EXTRA DOOR PRIZE TICKET

Please bring lawn chair.

3:00 Ceremony (James Chabot Beach, Athalmer)

3:15 Canoe Brigade-by the tracks below the arena (watch for signs)

3:30 Brigade enters James Chabot Beach, Athalmer

3:45 Opening Remarks (Shuswap Band tent)

4:00 Storytelling/Magic Show (Shuswap Band tent)

5:00 Salmon Dinner (Shuswap Band tent)

6:00 Grand Entry for evening Pow-Wow (Shuswap Band tent)

Dinner and Pow-Wow will be at Shuswap Band

(In the field across from No Frills)

SHUSWAP INDIAN BAND

Teck

Columbia Basin trust