

JOB POSTING

FULL-TIME POSITION: **Mental Health Outreach Worker**

REPORTS TO: **Health Director, SIB**

Overall Purpose:

Outreach or support workers in integrated community services teams specialize in supporting people with long-term mental health problems. They help them adapt to ordinary life within the community by developing coping skills rather than being institutionalized in a hospital or hostel, within a framework of positive consultation and joint planning.

The Mental Health Outreach Worker will provide help and relieve stress for persons with enduring mental health problems and are responsible to the Health Director. They will also provide the same sort of support to the caregiver. This will involve the provision of personal, social and domestic care, training and opportunities to engage in meaningful activities and experiences at home and within the local community. They will work closely with all members of the community team to enable their clients to continue living in the community with comfort and dignity. The overall aim is to improve the quality of life of people who have mental health difficulties and prevent inappropriate admissions to the hospital.

RESPONSIBILITIES INCLUDE:

- Attending the homes of identified individuals/families to carry out duties and tasks as specified in the care plan designed to enable a good degree of independent living. For example: going with the client to collect welfare benefits or a pension
- Listening to and considering what both the client and caregiver would like to do and helping them as best they can
- Identifying deterioration in clients, enabling action to be taken to help them. For example: assisting with physical care such as activities of daily living, cooking, etc.

- Monitoring and overseeing any medication prescribed by qualified medical practitioners and checking for any changes that have been made in dosage
- Providing a safe environment for those who need long-term supervision and support
- Helping the client with the preparation of meals, shopping, cleaning, and laundry
- Noting any significant changes in the client's health, outlook, and behaviour; referring upwards for advice about what action to take
- Assisting in any assessment procedures
- Providing regular verbal and written reports to the clinical counsellor and community nurse; raising any issues about any alteration in the client's family circumstances
- Facilitating and supporting community meetings and activities to enhance community engagement

QUALIFICATIONS

- Grade 12 or equivalent
- At least 1 year of recent and relevant experience working and caring for people with mental health problems
- Willingness to undertake further training
- Ability to work evenings as needed
- Demonstrated ability to maintain the confidentiality of sensitive information
- Ability to organize and plan own work
- Ability to be flexible and meet changing priorities
- Good verbal and written skills including the ability to keep clean notes and action items
- Ability to take initiative, problem-solve and make decisions within the job scope
- Valid BC Driver's license and access to a reliable vehicle

SKILLS & ABILITIES:

- Familiar with Secwepemc culture and traditions

- Knowledge of First Nations health and wellness systems
- An understanding of mental health issues
- Good interpersonal skills
- Effective written and verbal communication
- Capable of maintaining appropriate written records
- Awareness of confidentiality and adhering to confidentiality policies
- Able to work on your own initiative as well as part of a team
- Awareness of health and safety issues for others and self
- A caring nature
- Ability to follow instructions as part of a planned program of care
- Awareness of equalities legislation

TERMS AND CONDITIONS

- Part-time position - 19.5 hours per week
- May require evening shifts to support with groups and community events
- Will be required to work alongside our clinical counsellor and follow case management plans as outlined
- Must adhere to the Shuswap Indian Band Human Resources Policy and Procedure Manual (Approved April 4, 2018)
- Must adhere to the Shuswap Indian Band Financial policies and procedures (October 24, 2017)
- Require three (3) recent work references
- Salary to be based on experience

Only those selected for an interview will be contacted. Preference will be given to persons of Aboriginal ancestry as per Section 16 (1) of the Canadian Human Rights Act. Appointment to this position will require a formal criminal record check, the details of which may preclude an offer of employment being finalized.

**To apply, please submit your resume, cover letter, and references to the Shuswap Indian Band, #3, 492 Arrow Road, Invermere BC, V0A 1K2
C/O Angela Sarsons, Director of Operations
Email: dops@shuswapband.ca
Fax: 250-341-3683**

Deadline for applications: Monday, May 3th, 2021