



November Newsletter

SHUSWAP BAND

Volume 1 Issue 2

NOVEMBER 2008

Comprehensive Community Planning



projects to achieve this vision

Ensures projects and programs are thought through

Integrates and links other plans.

What is Comprehensive Community Planning?

~Holistic Process than enables a community to build a roadmap to sustainability, self sufficiency, and improved governance capacity.

~Steered by the Community

~Unique approaches that is adapted to their culture and traditions

First Nations can make positive difference in addressing the specific issues of their own communities.

Benefits to Planning

~*Empower the community*

~*Improve performance*

~*Build teamwork and expertise*

~*Coordinate future development*

~*Protect resources*

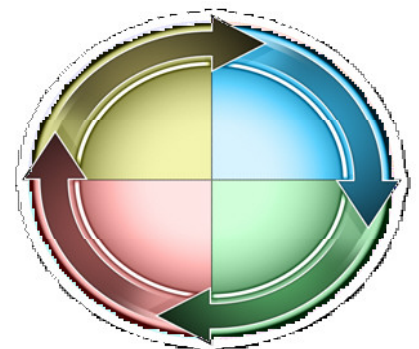
~*Celebrate traditions and reconciliation*

~*Create economic opportunities.*

We Need Community Support.

Broad Community Participation.

Enables community to have a vision for its future, and implements



HAPPY BIRTHDAY

We at the Shuswap Band Office would like to wish everybody a HAPPY BIRTHDAY to all those born in November.



Caption describing picture or graphic.

We will only post birthday wishes if requested by band members.

“TO CATCH THE READER’S ATTENTION, PLACE AN INTERESTING SENTENCE OR QUOTE FROM THE STORY HERE.”

HAPPY BIRTHDAY TO SOPHIE NICHOLAS From the RCA Class

Inside Story Headline

This story can fit 75-125 words.

Selecting pictures or graphics is an important part of adding content to your newsletter.

Think about your article and ask yourself if the picture supports or enhances the message you’re trying to convey. Avoid selecting images that appear to be out of context.

Microsoft Publisher includes thousands of clip art images from which you can choose and import into your newsletter. There are also several

tools you can use to draw shapes and symbols.

Once you have chosen an image, place it close to the article. Be sure to place the caption of the image near the image.



Caption describing picture or graphic.

Inside Story Headline

This story can fit 150-200 words.

One benefit of using your newsletter as a promotional tool is that you can reuse content from other marketing materials, such as press releases, market studies, and reports.

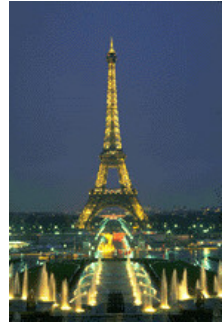
While your main goal of distributing a newsletter might be to sell your product or service, the key to a successful newsletter is making it

useful to your readers.

A great way to add useful content to your newsletter is to develop and write your own articles, or include a calendar of upcoming events or a special offer that promotes a new product.

You can also research articles or find “filler” articles by accessing the World Wide Web. You can write about a variety of topics but try to keep your articles short.

Much of the content you put in your newsletter can also be used for your Web site. Microsoft Publisher offers a simple way to convert your newsletter to a Web publication. So, when you’re finished writing your newsletter, convert it to a Web site and post it.



Caption describing picture or graphic.

Inside Story Headline

This story can fit 100-150 words.

The subject matter that appears in newsletters is virtually endless. You can include stories that focus on current technologies or innovations in your field.

You may also want to note business or economic trends, or make predictions for your

customers or clients.

If the newsletter is distributed internally, you might comment upon new procedures or improvements to the business. Sales figures or earnings will show how your business is growing.

Some newsletters include a column that is updated every issue, for instance, an advice

column, a book review, a letter from the president, or an editorial. You can also profile new employees or top customers or vendors.

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HARSH WORDS



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“TO CATCH THE READER’S ATTENTION, PLACE AN INTERESTING SENTENCE OR QUOTE FROM THE STORY HERE.”

I ran into a Stranger as he passed by, “Oh Excuse me please” was my reply. He said “Please excuse me too, I wasn’t watching for you.” We went on our way and we said good-bye.

But at home a different story is told. How we treat our loved ones, young and old.

Later that day, cooking the evening meal, my son stood beside very still. When I turned, I nearly knocked him down. “Move out of the way,” I said with a frown. He walked away, his little heart broken. I didn’t realize how harshly I’d spoken.

While I lay awake in bed, God’s still small voice came to me and said, “While dealing with a stranger, common courtesy you use, but the chil-

dren you love, you seem to abuse. Go look on the kitchen floor, you’ll find some flowers there by the door. “Those are flowers he brought for you. He picked them himself: Pink, yellow, blue. He stood very quietly not to spoil the surprise, and you never saw the tears that filled his little eyes.” By this time, I felt very small, and now my tears began to fall. I quietly went and knelt by his bed; “wake up, little one, wake up.” I said, “are these flowers you picked for me?” he smiled, “I found ‘em out by the tree.” “I picked ‘em because they’re pretty like you. I knew you would like ‘em, especially the blue.” I said “Son, I’m very sorry for the way I acted today’ I shouldn’t have yelled at you that way.” He said, “Oh, mom, that’s okay. I

love you anyway.” I said, “Son I love you too, and I do like the flowers, especially the blue.”

Are you aware that if we died tomorrow, the company that we are working for could easily replace us in a matter of days. But the family we left behind will feel the loss for the rest of their lives. And come to think about it, we pour ourselves more into work than to our own family, an unwise investment indeed, don’t you think?

So what is behind the story? Do you know what the word FAMILY means?

- (F)ather
- (A)nd
- (M)other
- (I)
- (L)ove
- (Y)ou

First Nations K-12 Parenting Group

We are starting a parenting group for the k-12 students.

We had a first meeting on November 12, 2008 at 6pm

We have set another one for November 19 at Akisqnuk Health Centre at 6pm.

We discussed why we want to start a parents group.

We still need to decide a name for the group.

Where we should go from here?

If you are interested or need a ride. Please call Clarissa at 250-342-0660 or Dorothy Warbrick at 250-342-548



Caption describing picture or graphic.

Diane Cote, Councilor

If anyone would like contact Diane Cote our newest Councilor please feel free to call.

Home 250-342-9578

Cell 250-342-1677

Audit for Shuswap Band

Our audit is nearing completion and once completed we will be holding a Band Meeting to discuss.

Tentative dates for our Christmas Gathering

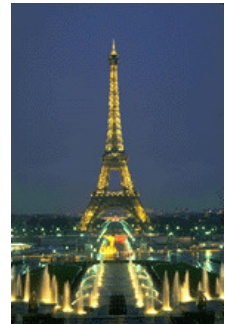
We are planning a Christmas gathering for tentatively December 19, 2008

We have a group gathering or a committee meeting on November 18, 2008 at 4:30 –5:30

If you are interested in being a part or participating in the planning of our annual Christmas Gathering please feel free to call Clarissa at 250-342-6361

The more the Merrier.. Or

if you have any suggestions please feel free to forward to me at the Shuswap Band Office.



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CYBERLULLYING!!



Caption describing picture or graphic.

CYBERBULLYING:

Warning signs might be that your kids:

Become secretive, act nervous when you walk onto the room; or close the computer screen quickly.

PARENTS SHOULD:

Check the computer

daily; talk to your child about sexual predators.

Move the computer to a public area in your house.

HELP THEM BE SAFE!!

Children and Youth;

If you are being bullied on-line tell some-

one you trust. Never reply to a bully's messages. If a person you do not know asks to meet you in person, tell your parents or an adult you trust and **DO NOT GO!!**

(Kamloops Sexual Assault Counseling Centre, 250-372-0179 website www.ksacc.ca)

SECURE CERTIFICATE OF INDIAN STATUS CARD-New ones required!

“TO CATCH THE READER'S ATTENTION, PLACE AN INTERESTING SENTENCE OR QUOTE FROM THE STORY HERE.”

The Certificate of Indian Status (CIS), commonly referred to as a status card or treaty card, is an identity document issued by INDIAN and NORTHERN AFFAIRS CANADA (INAC) to confirm that the cardholder is registered as an Indian under the Indian Act.

The existing status card, currently in the form of a simple laminated paper card, has few security features and can be easily altered, forged or counterfeited for fraudulent purposes. This has caused problems for some status Indians in accessing benefits.

The goal of the new secure Certificate of Indian status (SCIS) is to replace the current card with a card that incorporates the security features of a modern identification document to address issues of stolen identity and fraud.

Please note: applicants need not apply before their regular renewal date unless the card is required immediately for use in crossing the CANADA/US

border. Applicants should however begin the process of seeking their original birth documents in advance of applying for their SCIS. INAC will request that service providers continue to accept the existing CIS versions throughout the SCIS deployment period.

UPDATED SECURITY REQUIREMENTS FOR APPLICANTS

Applicants will be required to follow these security measures:

- 1) Provide an **ORIGINAL BIRTH CERTIFICATE**
- 2) Return or destroy their old CIS upon receipt and activation of a new SCIS;
- 3) Sign a “Statutory Declaration for a lost, stolen or damaged card prior to proceeding with an application for a replacement of the new

SCIS;

- 4) Provide police claim numbers when a SCIS is lost or stolen;
- 5) Should an applicant request their photograph from an old CIS, Only the photo will be returned to applicant
- 6) Supply a 4 digit activation code
- 7) If not directly mailed to applicant new SCIS must be picked up by the applicant at the SCIS application Centre.
- 8) Apply Only 6 months prior to the renewal date of the old CIS or SCIS unless it is urgently required for border-crossing.

IMPLEMENTATION SCHEDULE

Implementation of the SCIS will occur in early 2009.

No need to renew your old CIS until 6 months before its renewal date.



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HAVE YOU BEEN DENIED OR HAD DIFFICULTY ACCESSING HEALTH BENEFITS?

If you've had trouble accessing benefits or have been denied benefits under the Non-Insured Health Benefits Program (NIHB). **Such as Dental care, Vision care or other general health care services**, we are asking that you register your complaints with the Assembly of First Nation, or your provincial/Territorial Organization.

Then information you submit may be used in national and regional campaigns to advocate for better access to health services. Your Personal information will be used in an anonymous manner and will not be shared or disclosed to any outside organization without your permission

PLEASE NOTE:REGISTERING YOUR COMPLAINT IN THIS WAY IS NOT AN APPEAL. IT IS BEING COLLECTED FOR A BROADER ADVACOCY EFFORT. YOU MUST GO THROUGHT THE REGUALR APPEALS PROCESS TO RESOLVE AN ONGOINGPROBLEM.

Not sure what your entitled to?

Need information the appeals process?

PLEASE FEEL FREE TO CALL 1-866-869-6789 EXT. 240.

Or drop by Band Office for a copy of Health Benefits.

HOW to Register a complaint

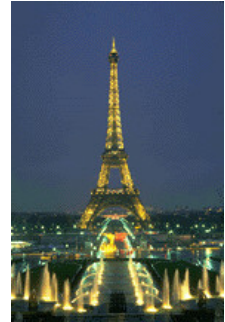
By intranet, register your complaint online at www.afnhealthaccess.ca

By Phone-some people may prefer to register their complaints by phone.

Verna Stevens NIHB Policy Analyst Assembly of First Nations 1-866-869-6789 ext 240

Ask your health director for a complaints registry pamphlet. Fill out the form inside and mail it to Verna Stevens c/o the Assembly of First nations, 473 Albert street 8th floor Ottawa Ontario, K1R 5B4

If you have question about registering your complaint, please call Verna Stevens NIHB Policy Analyst Assembly of First Nations 1-866-869-6789 ext. 240 or email at vstevens@afn.ca



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Your business tag line here.

BUSINESS NAME

Primary Business Address
Your Address Line 2
Your Address Line 3
Your Address Line 4

Phone: 555-555-5555
Fax: 555-555-5555
E-mail: someone@example.com

We're on the Web!

example.com

Back Page Story Headline

This story can fit 175-225 words.

If your newsletter is folded and mailed, this story will appear on the back. So, it's a good idea to make it easy to read at a glance.

A question and answer session is a good way to quickly capture the attention of readers. You can either compile questions that you've received since the last edition or you can summarize some generic questions that are frequently asked about your organization.

A listing of names and titles of managers in your organi-

zation is a good way to give your newsletter a personal touch. If your organization is small, you may want to list the names of all employees.

If you have any prices of standard products or services, you can include a listing of those here. You may want to refer your readers to any other forms of communication that you've created for your organization.

You can also use this space to remind readers to mark their calendars for a regular event, such as a breakfast meeting for vendors every third Tuesday of the month, or a biannual charity auction.

If space is available, this is a good place to insert a clip art image or some other graphic.



Caption describing picture or graphic.