

# Shuswap Newsletter

Volume 1 Issue 4

April 2009

## Shuswap Gathering

The Shuswap Gathering Committee has been working hard on gathering information and doing fundraising for the Shuswap Gathering. Shuswap Indian Band is hosting the Shuswap Gathering July 24-25-26, 2009

We have many events planned for this day.

We are planning to have a history section. We are asking families, if they are interested to get copies of pictures (Great Great Grandparents, Great Grandparents, Grandparents, Aunts, Uncles, Mothers, Fathers etc) and stories that go along with the Pictures. And hand them in to Clarissa at the Shuswap Band Office.

We also still need volunteers, Clean up, security, cooks, for the Gathering, so if you are interested please call the Shuswap Band office and leave your name and number and what kind of volunteering you are interested in doing. If you are interested in putting together, Ball Hockey Tournament, slow pitch tournament, Please let us know.

We are looking for items for the Silent Action, if you want to donate something please drop off at the Shuswap Band Office.

### FUNDRAISING

#### TACO SALE

Shuswap Band Office

#### PENDLETON BLANKET

Raffle. Tickets are on sale if you are interested in purchasing (1 for \$10 or 3 for \$20)

Please contact LaVerna/Katherine/Clarissa

250-342-0660

We have extended the LOGO contest for the Shuswap Band Members until April 29, 2009 4 pm

So all interested parties please submit your logo to Shuswap Indian Band As soon as Possible.

**2009 SHUSWAP GATHERING SCHEDULE**

	<b><u>Friday July 24</u></b>	<b><u>Saturday July 25</u></b>	<b><u>Sunday July 26</u></b>
6:00AM	Huckleberry Picking	Huckleberry Picking	Huckleberry Picking
8:00 AM		Breakfast	Breakfast
9:00 AM	Registration Starts Golf Tourney Sign Up	Stick Game Registra- tion	Youth Hike Mt Swansea
10:00 AM	Registration for Door Prizes	Doors open for Bingo Talent Show	Stick Game Traditional Games
11:00 AM		Bingo Starts	Chief's Stick Game
12:00 PM	LUNCH	LUNCH	LUNCH
1:00 PM	Chiefs Meeting	Kids Swimming	
2:00 PM	Opening Ceremony Kids Crafts Start		Door Prize Draws begin
3:00 PM		Traditional Hand Game with Materials Men against Woman	
4:00 PM	Traditional Games	Story Telling	Closing Ceremony
5:00 PM	DINNER	DINNER	DINNER
6:00 PM	Golf Tournament	Pow Wow Stick Games Start	
7:00 PM	Dance and Karaoke (tentative)		
8:00 PM			

**SHUSWAP  
GATHERING  
2009**

**BENEFIT DINNER Fundraising for SHUSWAP GATHERING**

**We are planning a benefit dinner to raise money for the Shuswap Gathering, in early June. We are asking for donations of Wild meat, elk/deer/salmon/fruit/vegetables**

**Any Shuswap Children willing to perform during this benefit, please contact Clarissa Stevens @ 250-342-0660**

**You will need your regalia, if you need one please let me know.**

**SECURE CERTIFICATE OF INDIAN STATUS CARD-New ones required!**

The Certificate of Indian Status (CIS), commonly referred to as a status card or treaty card, is an identity document issued by INDIAN and NORTHERN AFFAIRS CANADA (INAC) to confirm that the cardholder is registered as an Indian under the Indian Act.

Applicants should however begin the process of seeking their original birth documents in advance of applying for

their SCIS. INAC will request that service providers continue to accept the existing CIS versions throughout the SCIS deployment period.

Applicants will be required to follow these security measures:

- 1) Provide an **ORIGINAL BIRTH CERTIFICATE**
- 2) Return or destroy their old CIS upon

receipt and activation of a new SCIS;

No need to renew your old CIS until 6 months before its renewal date.



**"STATUS CARDS"**

**"Carry the Torch 2010"**

**CARRY THE TORCH FOR 2010 GAMES**

We are lucky to have the Torch going thru Invermere, B.C. In 2010. One lucky Shuswap Band member will carry the torch from the RCMP Office to Shuswap Band Hall. The ceremony at SIB will be very short, 5 min. So we are asking for a 200-300 word essay on "Why you would like to carry the torch"

**SEPTIC PUMPING**

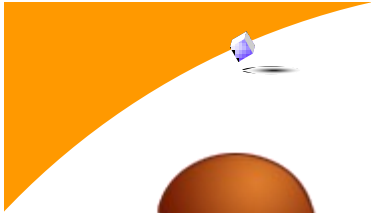
Please be advised if you get your septic pumped. Band members do not pay the \$50 dumping

fee. The Waste goes into the band Lagoon. So let the Company Know Shuswap

band members do not pay this fee.



Caption describing picture or graphic.



## Social Development

Social Development Tuesday, Wednesday, Thursday

All Renewals and Bills are due on or before the 15th of each month. If Renewals and Bills are after the 15th will cause Lateness in Issue.

### Diane Cote, Councilor

If anyone would like contact Diane Cote our newest Councilor please feel free to call.

Home 250-342-9578

Cell 250-342-1677

### HAVE YOU BEEN DENIED OR HAD DIFFICULTY ACCESSING HEALTH BENEFITS?

Have you been Denied or had difficulty access Health Benefits

If you've had trouble accessing benefits or have been denied benefits under the Non-Insured Health Benefits Program (NIHB). Such as Dental care, Vision care or other general health care services, we are asking that you register your complaints with the Assembly of First Nation, or your provincial/Territorial Organization.

Then information you submit may be used in national and regional campaigns to advocate

for better access to health services. Your Personal information will be used in an anonymous manner and will not be shared or disclosed to any outside organization without your permission

Not sure what you entitled to? Need information the appeals process?

PLEASE FEEL FREE TO CALL 1-866-869-6789 EXT. 240.



# Next Shuswap gathering Meeting

April 29, 2009

Shuswap Band Office @ 6pm

Potluck Dinner

If you are interested in Volunteering please feel free to attend the meeting.



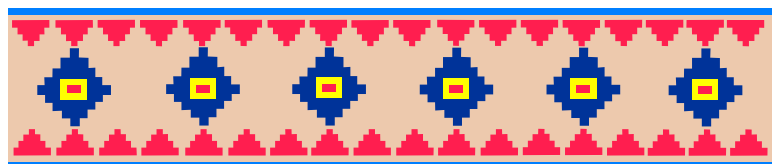
Shuswap Gathering Meeting.

## National Aboriginal Day

This Year we are Planning to Hold National Aboriginal Day on June 20, 2009 It will be at the Invermere Community Hall Children wishing to participate in the performance please contact Clarissa @ 250-342-0660 We will be having many performances and a dance at the end of the night. We prefer having it in the Invermere Community due to the fact we feel we need to start sharing the dances and the outside community needs to see what our native ancestry does and so the

Natives can be proud of there accomplishments. If you are interested in volunteering for the event please contact Clarissa or LaVerna at 250-342-0660

“NATIONAL  
ABORIGINAL  
DAY”



## SERENITY PRAYER

God, grant me the Serenity to accept the things I cannot change;  
Courage to change the things I can;  
and Wisdom to know the deference. Living one day at a time;  
enjoying one moment at time;  
accepting hardship as the pathway to peace  
Taking, as he did  
the sinful world as it is  
not as I would have it  
Trusting that he will make all things right if I surrender to his will  
That I may be reasonably happy in this life,  
and supremely happy with him forever in the next  
-Reinhold Niebuhr.



## PANDEMIC INFLUENZA PLANNING FOR SHUSWAP INDIAN BAND

DATE: APRIL 28, 2009

TIME: 9am—4pm

LOCATION: Band Office

Contact Rosalita Pascal for more Details

ALL STAFF AND COMMUNITY MEMBERS  
ARE URGED TO ATTEND THIS  
INFORMATION SESSION

LUNCH WILL BE SERVED

## DIABETES WORKSHOP

TENATIVELY set for May 12, 2009

From 4-6pm at the Shuswap Band Office

Michelle Walsh will discuss What is Diabetes, How to treat  
Diabetes and Eating well with Diabetes.

Snacks will be served



DIABETES WORKSHOP